BREAKFAST MENU 2022-2023

MONDAY	TUESDAY	WENDSDAY	THURSDAY	FRIDAY
Breakfast Pizza or Cereal,	French Toast or Cereal,	Scramble Eggs, Biscuit,	Pancake Wrap or	Cinnamon Roll Sausage or
Toast	Toast	Gravy or Cereal, Toast	Cereal, Toast	Cereal, Toast
Cheese stick	Cheese Stick	Cheese Stick	Cheese stick	Cheese Stick
Fresh Fruit/ Cup	Fresh Fruit/Cup	Fresh Fruit/ Cup	Fresh Fruit/ Cup	Fresh Fruit/Cup
Juice	Juice	Juice	Juice	Juice
Milk	Milk	Milk	Milk	Milk
Pancakes & Bacon or	Breakfast Combo or	Breakfast Sandwich or	Breakfast Cookie, Yogurt or	Donuts & Sausage or
Cereal, Toast	Cereal, Toast	Cereal, Toast	Cereal, Toast	Cereal, Toast
Cheese Stick	Cheese Stick	Cheese Stick	Cheese Stick	Cheese Stick
Fresh Fruit/ Cup	Fresh Fruit/ Cup	Fresh Fruit/ Cup	Fresh Fruit/ Cup	Fresh Fruit
Juice	Juice	Juice	Juice	Juice
Milk	Milk	Milk	Milk	Milk
Sausage Kolache or Cereal,	Breakfast Taquito or	Breakfast Sandwich or	Breakfast Pizza or Cereal,	Dutch Waffles & Sausage
Toast	Cereal, Toast	Cereal, Toast	Toast	Cereal, Toast
Cheese Stick	Cheese Stick	Cheese Stick	Cheese Stick	Cheese Stick
Fresh Fruit/ Cup	Fresh Fruit	Fresh Fruit/ Cup	Fresh Fruit	Fresh Fruit
Juice	Juice	Juice	Juice	Juice
Milk	Milk	Milk	Milk	Milk
Breakfast Sandwich or	Breakfast Burrito or	Power Breakfast or Cereal,	Stuffed Bagels & Bacon or	Donut Hole & Sausage or
Cereal, Toast	Cereal, Toast	Toast	Cereal, Toast	Cereal, Toast
Cheese Stick	Cheese Stick	Cheese Stick	Cheese Stick	Cheese Stick
Fresh Fruit/Cup	Fresh Fruit/ Cups	Fresh Fruit	Fresh Fruit	Fresh Fruit
Juice	Juice	Juice	Juice	Juice
Milk	Milk	Milk	Milk	Milk

BREAKFAST PRICES—Students PK-12, \$2.50 at full price, \$0.30 at reduced price. All Adults, \$3.75. Entrée only, \$2.00

MENU SUBJECT TO CHANGE WITHOUT NOTICE

School Breakfast Requirements:

The School Breakfast consists of 4 ITEMS: (1) Grain Product (2) Fruit, (3) Meat/Meat Alternate and (4) Milk. Students <u>MUST TAKE 3 items with one of those being a 1/2 cup fruit</u> for a complete breakfast.

- *PK 12th grade: A variety of milk is offered daily.
- *Menus may change due to product availability or other significant market changes.
- *Menus meet recommended dietary guidelines.

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